



TEACHER DEVELOPMENT PROGRAMME



WHY LIFE SKILLS?

“The abilities for adaptive and positive behavior that enable individuals to deal effectively with the demands and challenges of everyday life.”

-- Life skills as defined by **World Health Organisation**

The world is fast changing and to cope with the increasing pace, young people need the ability to deal with the demands of the 21st century. Research has demonstrated that the key to prepare young people for the fast-changing world is life skills.

The Dasra Research Report on increasing employability in India states that, “Over 90% of India’s labour force still works in the informal sector, due to a lack of focus on skills required in the current job market.”

Given the magnitude of Indian young population, the need of life skills training has become very critical. When young people develop the ability to take initiative, solve

problems, overcome difficulties, manage conflict, interact with each other and understand instructions, it helps them overcome the effects of adversity and catch up to normal development.

Dream a Dream today has been successfully addressing the needs of children and young people from vulnerable backgrounds by developing ‘Life Skills’ using a variety of experiential tools and mediums such as sports, creative arts, outdoor experiential camps, mentoring and life skills for career development.

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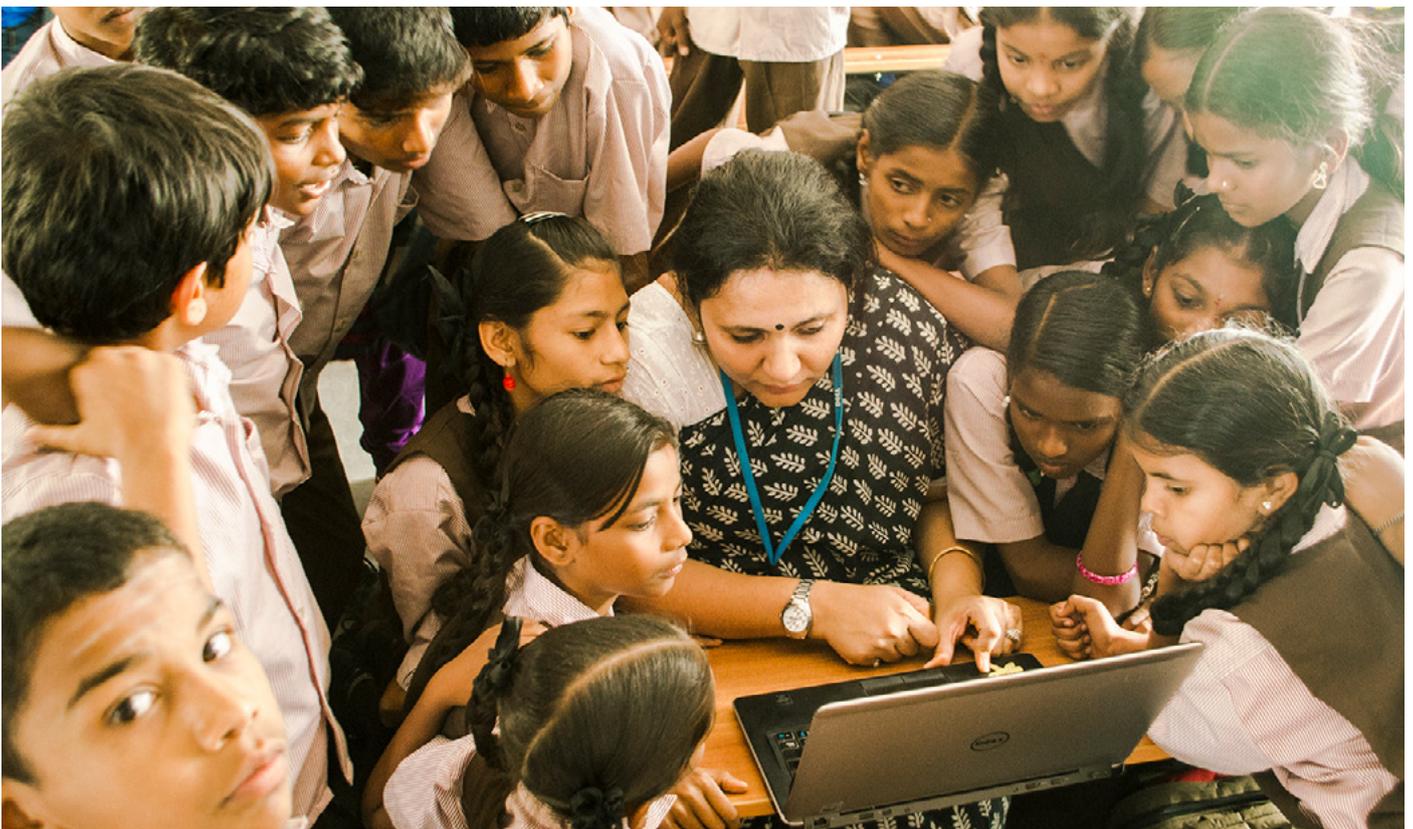
Dream a Dream realised that the life skills being offered through the direct interventions with young people at the core needs to be scaled. This has given rise to the “Dream Teacher Development Programme” aimed at enabling adults to empower young people with life skills.

Dream a Dream’s TDP is based on the premises that true transformation happens with the presence of a caring, compassionate adult in a young person’s life. Adults who work with young people are uniquely positioned to unlock their creative potential. Skilled adults can empower young people to make positive life choices, express themselves, commit to their own learning, and become leaders in their families and communities.

When a teacher, a key influencer in a young person’s life, plays the role of this caring, empathetic adult, they engage in learning, they feel inspired and they transform.

Inspired by the Creative Community model developed by PYE (Partners for Youth Empowerment), the model uses experiential techniques to nurture empathy, expand creativity, develop listening and validation skills and develop the ability to share feedback authentically and learn facilitation skills.

In other words, teachers learn to create engaging learning environments where young people can rise to the challenges they face every day.



MODULES

The Dream Teacher Development Programme is delivered through a series of 4 Life Skills Facilitation workshops spread over 6-8 months, with focus on experiential learning.

In each module the participant progresses through stages of:

- Expressing your own creative potential
- Engaging young people with empathy
- Understanding of how young people learn and developing facilitation skills
- Celebrating your role in a young person's life

LIFE SKILLS FACILITATION 1

- Understanding of the self
- Exploring and expanding the creative potential
- Understanding life skills
- Learning about foundational tools on child engagement
- Building safe learning environments

LIFE SKILLS FACILITATION 2

- Deepening understanding of early childhood development and its impact on learning
- The role and importance of an adult as mentor in a young person's life
- Learning to develop personal connections with young people listening deeply
- Offering authentic validation

LIFE SKILLS FACILITATION 3

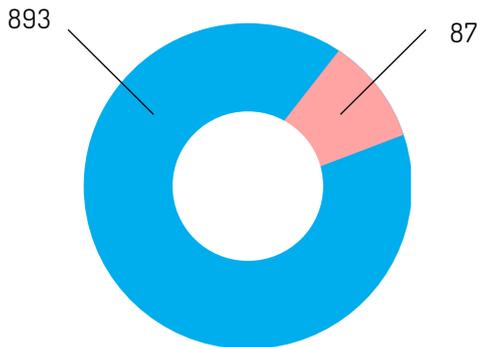
- Building creative communities of learning with young people through facilitation
- Building safe spaces for learning tools and techniques of experiential learning
- Learning to develop supportive communities within your network
- Learning to develop personal connections with young people
- Listening deeply
- Offering authentic validation

LIFE SKILLS FACILITATION 4

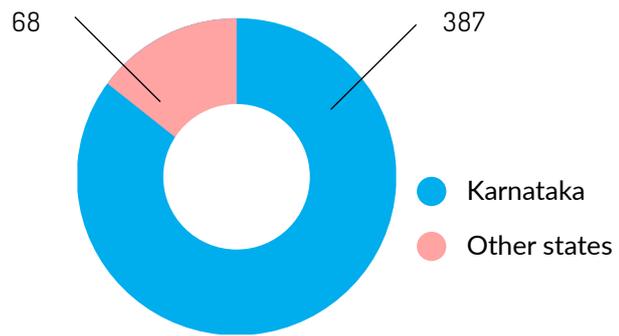
- Working in groups to bring forth their energies and resistances
- Taking the group forward in achieving learning outcomes and learning to design life skills programmes
- Empowering participants with necessary tools to develop life skills and facilitate learning in young people.
- Celebrating the role of a teacher
- Building creative communities of learning with young people through facilitation

OVERALL IMPACT 2015-16

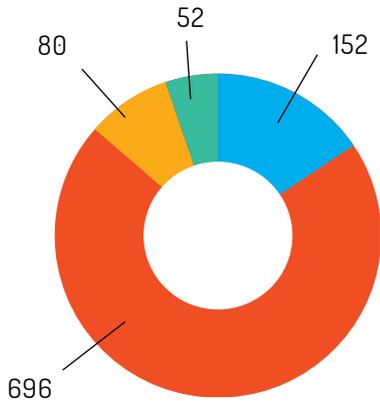
TOTAL TEACHERS ENROLLED: 980



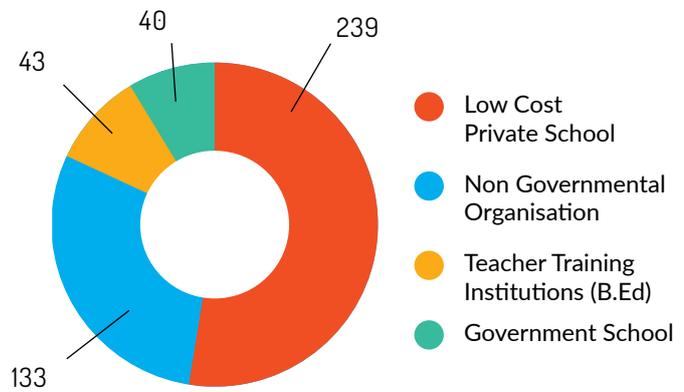
TOTAL TEACHERS COMPLETED: 455



DISTRIBUTION OF TEACHERS ENROLLED



DISTRIBUTION OF TEACHERS COMPLETED



WHAT PARTICIPANTS HAD TO SAY

Akshatha, a teacher by profession, I work at Sri Krishna Shikshana Samithi School at Shedbal, a remote village in Belgaum District, Karnataka. For the past 9 years I teach English and Maths to upper primary school children.

Despite my long teaching experience, I found it difficult to mingle with colleagues and friends. I never took lead in any kind of activities nor dared to take risks. I rarely shared my thoughts to others, lacked confidence both in my professional and personal life.

I was one among the teachers selected to take part in the Life Skill Facilitation Workshops offered by Dream a Dream. Life Skill Facilitation (LSF) workshops are very innovative with many activities that are delivered with fun. Moreover, these activities allowed me to work on my confidence and encouraged me to take risks.

In LSF 3, I narrated my personal experiences to inspire others (based on the theme of “Strength Based Facilitation”). It was while in the process of inspiring others during this activity that I realized and learned

“Dream a Dream’s workshop offered me much information which I was not aware of before, some of which include: being supportive in a community, understanding emotions of others & self, and empathy was honed in this workshop, as well as building creative confidence. I have changed a lot as a person from participating in this workshop.”

Participant from Pragna Vidyaniketan

“Some of the learning I received from this workshop is: the importance of a community, the significance of a teacher in a young adult’s life as a life changer, and adapt to some of the students’ needs in this fast changing world to offer quality education.”

Participant from RSSN

“The workshop helped me to understand my students’ thought process and the importance of valuing thinking of young adults. I will do the best to lessen the conventional teaching methodology and replace it with enthusiasm and love.”

Participant from Indian Public School

to appreciate the strengths and qualities I possessed. To me, participating in and completing this activity also represented a “creative risk” that I did not know I had it in me to attempt. Participating in the various other LSF workshops has also helped me develop confidence to overcome challenges in life, and taught creative ways to work and manage stress.

I am a changed person today. This is quite evident in me after returning back to teaching in school from the LSF workshops. I am convinced now, that if you are confident we can teach confidently. I have now built the ability to recognise and develop confidence among the children in the class as well.

In the Teacher Development Programme, there is positive feedback from more than 87% of the teachers attending the Life Skills Facilitation Workshops (LSF). Teachers across all LSF workshops (module 1- 4) felt that quality of facilitation was high & participation and interaction were encouraged during the training.



To know more about the programme or how you can partner mail to: ramanan@dreamadream.org